



TRUST

DR. HENRY CLOUD

- CLINICAL PSYCHOLOGIST
- LEADERSHIP CONSULTANT
- BEST-SELLING AUTHOR

Dr. Henry Cloud is an acclaimed leadership expert, clinical psychologist, and *New York Times* best-selling author. His 46 books, including the iconic *Boundaries*, have sold over 20 million copies worldwide. His latest book, *Trust: Learn When to Give It, When to Withhold It, How to Earn It, and How to Fix It When It Gets Broken*, is an Amazon Best Seller and Dr. Cloud shares his 5-Factor map to help leaders lead with trust.

Understanding Builds Trust

Dr. Cloud shares how listening is foundational to building trust. Identify one leadership hurdle you are currently facing within your team or organization that you need to lead through.

Who on your team can you listen to and learn how that hurdle is affecting them?

Feel Other's Motives

In what way can you reinforce your support for those on your team as you listen?

Describe how leading through this challenge will positively impact each member of your team.



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Ensure Ability

Describe what leadership ability makes you prepared to lead through your current challenge.

Are there untapped abilities on your team that will help you and your organization lead through current challenges?

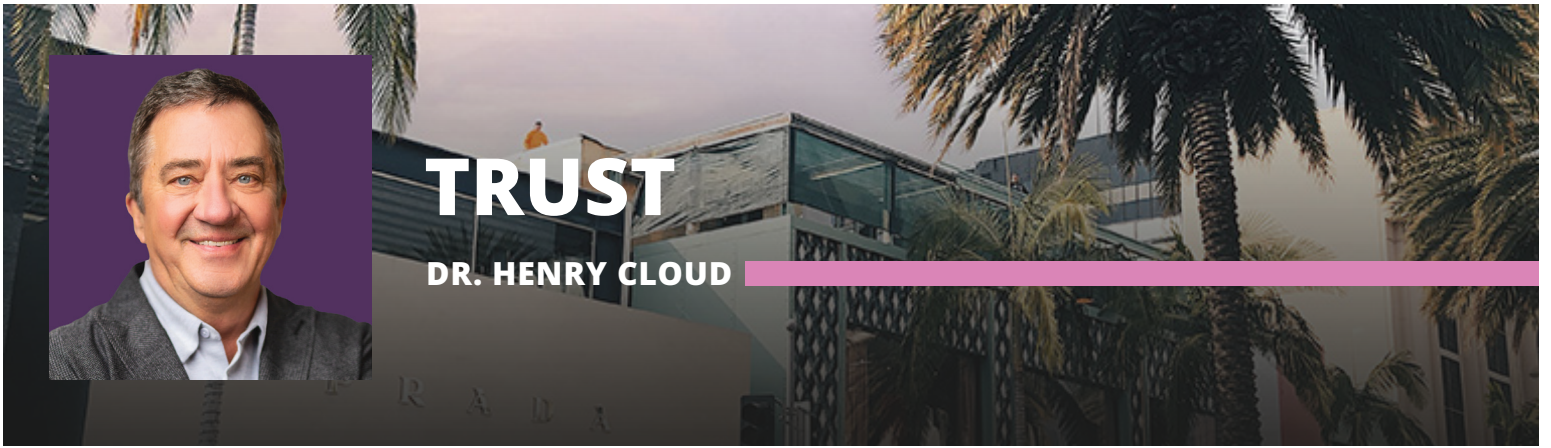
Count Character

Take a personal inventory of what character qualities you are exposing to those you lead.

What are your most positive character traits that influence your team?

What are your most negative traits that influence your team?

After going first as a leader through the character questions above, what character development is needed in those you lead?



Track Record

Dr. Cloud shares that the best predictor of the future is the past. What is your personal track record when it comes to leading through challenges?

What is the track record performance for those on your team from past challenges?

Action: Take a daily inventory of these 5 factors that build trust.

- Apply it personally for your own leadership.

- Apply it individually for those on your team.